

# BEGINNER CRITERIUM CLINIC FOR FTWNB RIDERS

At Machinery Hill Crit Night 2

**TUESDAY, APRIL 23 4.00-5.00PM**

MEET AT REGISTRATION  
STATE FAIR. RANDALL & UNDERWOOD  
FREE & NO PRE-REGISTRATION  
LEARN ABOUT CRIT FORMAT & RULES  
PRACTICE SAFE RACING  
INSTRUCTION AND MENTORSHIP FROM  
TRIPLE C COACHING & SRC

*Riders who participate in clinic will NOT have to  
pay for a one-day USA Cycling. Thanks MCF!*

EMAIL WITH QUESTIONS  
TRIPLECCOACHING@GMAIL.COM

TRIPLE C COACHING \* STAMINA RACING COLLECTIVE \*  
ENDURANCE PROMOTIONS \* MINNESOTA CYCLING  
FEDERATION